

 Europe  
Triathlon  
Cup

Wels  
2024

Drucke & Johannes  
HUMER  
WIMMER

starlim 

 Europe  
Triathlon  
Junior Cup

Wels  
2024

Drucke & Johannes  
HUMER  
WIMMER

starlim 

# Athletes' Guide



 Europe  
Triathlon

  
World  
Triathlon

**TRIAUSTRIA**  
[www.triathlon-austria.at](http://www.triathlon-austria.at)



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## TRIATHLON ELITE IN THE HEART OF THE CITY

„Wels brings triathlon to the people“: that was the title of my foreword last year. This is even more true for 2024: this year, the „starlim City Triathlon FestiWels“ will take place for the first time in the heart of Wels on the town square. This - and the new courses - lays the foundation for an inner-city triathlon festival on Saturday 22 and Sunday 23 June.

The great commitment of the 1st Wels Swimming Club under chairman Thomas Alt has given the sport of triathlon in Wels a further boost. As in the previous year, the best all-round athletes on the continent will be competing in this year's Elite European Cup. In addition, the Junior European Cup will be held for the fourth time.

Beginners can try their skills on shorter distances in the „Fun Races“, and all age groups have the opportunity to officially qualify for the European Age Group Championships in the popular „Open Race“ on the sprint distance. Conclusion: What began in 2018 as the Wels Triathlon has developed into a showcase event far beyond our city limits.

Once again, I would like to thank the organisation team in particular for their preparation and professional execution. I would like to welcome all triathletes from Austria and abroad to Wels, along with their coaches and officials. I wish everyone successful, fair and accident-free competitions in hopefully perfect weather!



Foto: Privat

**Dr. Andreas Rabl**  
Mayor of the City of Wels



## SPORT NEEDS STRONG PARTNERS

I am pleased that such an exciting sports event is being organised in Wels. I myself see outdoor exercise as a valuable balance to everyday working life. That is why Oberbank is happy to be on board for such sporting events. After all, sport needs strong partners.

Whether as the main sponsor of the Oberbank Linz Danube Marathon, as a supporter of the Steelvolleys or as a partner in sporting events such as the Starlim City Triathlon in Wels, Oberbank is committed to numerous clubs and athletes in the region. We are aware of our social responsibility and our cooperations are an active sign of sustainability.

We are deeply rooted in the region and feel committed to it. So it is only natural that we join forces to make a difference

together. We are known for being a reliable partner, especially in challenging times.

There are many parallels between triathlon and the world of finance. One more reason for us to support this sport. Endurance, good preparation and ambition are central to success in both worlds. Both have a specific goal in mind. There may be one or two difficulties to overcome along the way. But what counts in the end is determination and perseverance to the end. Furthermore, it is important to adapt to the given conditions as best as possible, to follow trends and also to keep an eye on the competition. Moreover, just like in business, it always takes a strong team to be successful.

With this in mind, I wish all athletes and their team every success!

# Oberbank



© Peter Rigaud

Dr. Franz Gasselsberger  
General Director Oberbank



## EXCITING TRIATHLON SPORT IN WELS

Europe Triathlon is happy to come back to the wonderful city of Wels for another European Triathlon and Junior Cup. The spectacular swim in the river and the great course for biking and running. And with the transition area and the finish in the gorgeous city centre the organisation has made it even more exciting for our

athletes and the spectators. Combined with the experience and enthusiasm of the volunteers of the organizing committee and the support of the local authorities all is set for another weekend of fast, furious, and fun racing. We like to thank everyone who made this race possible



Martin Breedijk  
Vice-President  
Europe Triathlon

# GENERAL INFORMATION

## INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

## KEY DATES

### Registration:

The Registration is mandatory and will take place on Friday, 21.06.2024 from 15:00 - 16:00 in the Minorite monestary next to the finish area.

Address: Minoritengasse 1, 4600 Wels, Austria

### Briefing:

The participation in the briefing is mandatory and will take place on Friday, 21.06.2024 from 16:00 - 17:00 in the Minoritenkloster next to the finish area. After the briefing, all athletes will receive their race package at registration.

Address: Minoritengasse 1, 4600 Wels, Austria

### Course familiarization

#### Swim familiarization:

The Swim familiarization will take place on Saturday, 22.06.2024. For the participants of the European Triathlon Cup from 13:45 - 14:15 and for the participants of the European Triathlon Junior Cup from 14:15 - 14:45.

Address: Rosenauerstraße 70, 4600 Wels

#### Bike familiarization:

The bike familiarization will take place on Saturday, 22.06.2024 for the participants of the European Triathlon Cup and for the participants of the European Triathlon Junior Cup from 15:30 - 16:15.

Address: Traungasse 21, 4600 Wels.





## RACE START:

### European Triathlon Cup:

Female: Saturday, 22.06.2024 at 18:40

Male: Saturday, 22.06.2024 at 19:45

### European Triathlon Junior Cup:

Male: Sunday, 23.06.2024 at 09:00

Female: Sunday, 23.06.2024 at 10:00

## KEY CONTACTS

Race director:  
Werner Michalicka  
w.michalicka@mup.at  
+43 664 806 605 20

Technical delegate:  
Ton Bloothoofd  
a.bloothoofd@chello.nl  
+31 611 538 501

Europe Triathlon office:  
etu\_hq@etu.com  
+32 4788 254 56.

## CONTACT DETAILS

LOC:  
Thomas Alt  
Postfach 3, 4601 Wels Austria  
office@wels.com  
+43 660 144 112 7

## ENTRY FEE

European Triathlon Cup: 95 EUR p. p.  
European Triathlon Junior Cup: 75 EUR p. p.

The entry fee must be received in the following account by Thu, 20.06.24. In addition, a bank transfer confirmation must be presented at the registration process. Without confirmation a start is not possible.

Account holder: 1. Welser Schwimmklub  
Bank: Raiffeisenbank Wels Süd  
IBAN: AT78 3477 0800 0577 6307  
BIC: RZOOAT2L770

### Note:

Please write the names of all participants in the reference field of the bank transfer.

You will receive the invoice as part of the mandatory registration process.

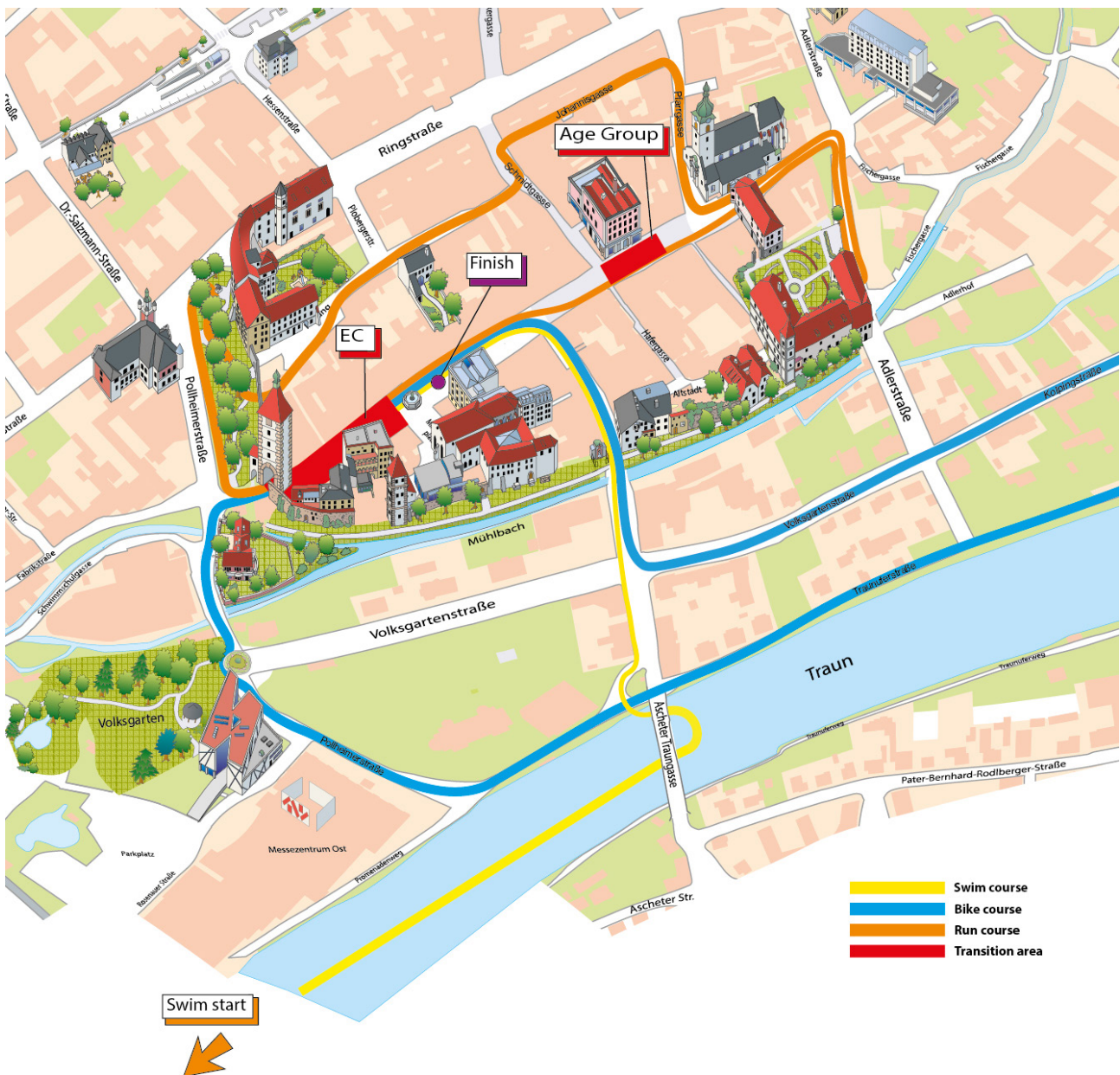
# VENUE

## RACE VENUE

**Swim start:**  
Rosenauerstraße 70  
4600 Wels

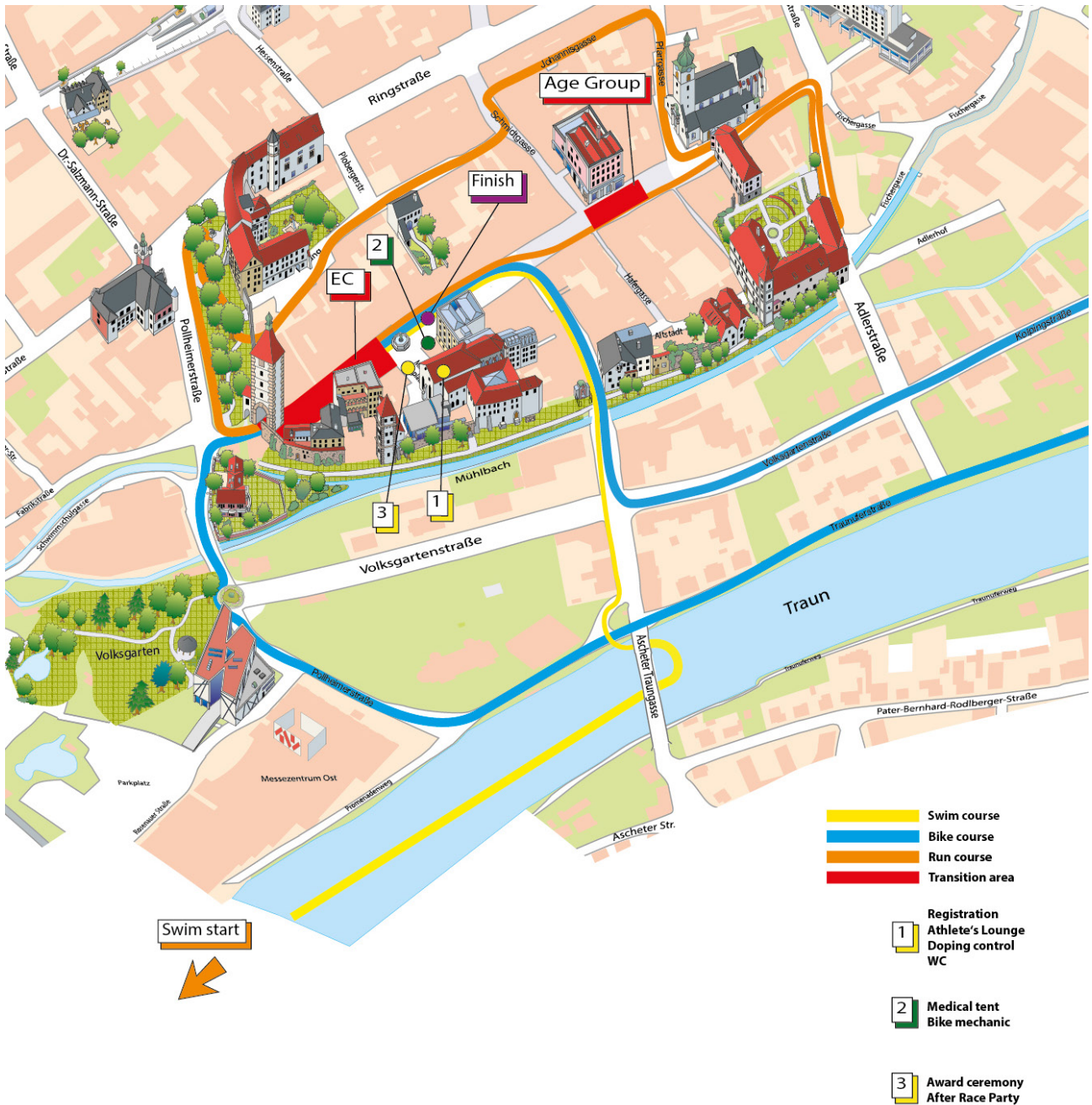
**Transition Area:**  
Stadtplatz 69  
4600 Wels

**Finish:**  
Stadtplatz 1  
4600 Wels





# VENUE MAP





## COURSE FAMILIARIZATION

### Swim:

Date: Saturday, 22.06.2024

Time:

13:45 - 14:15 (Elite)

14:15 - 14:45 (Junior)

Address:

Rosenauerstr. 70  
4600 Wels

It is not allowed to swim upstream behind the pontoon.

It is not allowed to climb out of the water onto the pontoon. The pool ladders must be used.

### Bike:

Date: Saturday, 22.06.2024

Time:

15:30 - 16:15 (Elite + Junior)

Address:

Traungasse 21  
4600 Wels

Attention oncoming traffic!  
The right-hand traffic rule and a speed limit of max. 30 km/h apply.

The instructions of the police must be followed.

There will be two laps.



## DOPING CONTROL

### Address:

Minoritengasse 1

4600 Wels

Minorite monastery

Doping tests will be conducted according to ITU/WADA rules.

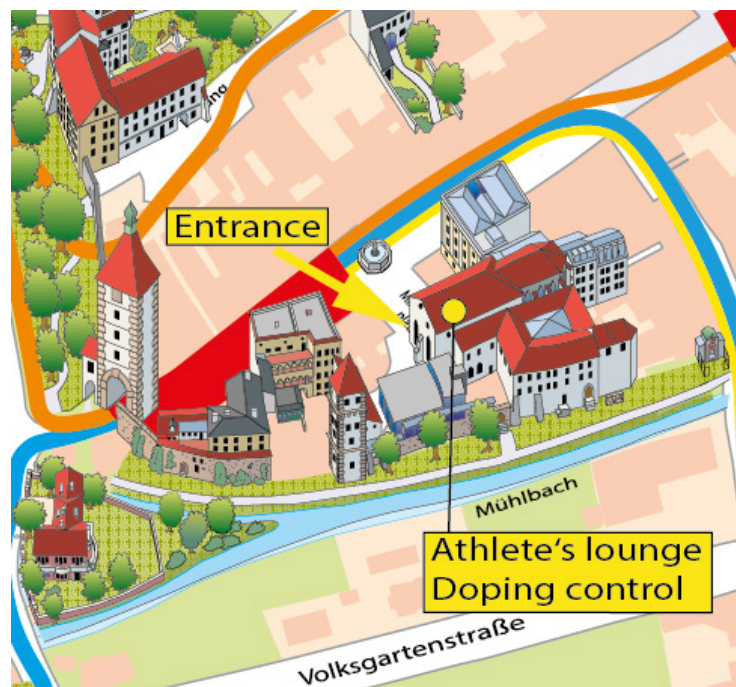
The athletes must carry their identification to the doping control facilities.



## ATHLETE'S LOUNGE

The Athlete's Lounge is located in the Minorite monastery. It contains a water dispenser and seating.

Toilets are downstairs.



# ACCOMODATION



## BOUTIQUE HOTEL HAUSER The new triathlon hotel in Wels

### 600m to the event area

Modern, air-conditioned rooms and junior suites are located in the unique historic building of a Wels town house.

The sportsman's breakfast guarantees a successful start to the day. Hauser porridge or muesli, jams, spreads (also vegan), egg dishes, cakes - regional ingredients, homemade and prepared with love. We are happy to accommodate special requests. Our tip: Have breakfast on the terrace!

For that special feeling of well-being, we offer a leisure area above the roofs of

the city with sauna, fitness equipment and sun terraces. Urban cosiness meets hospitality that comes from the heart. The personal commitment of director Sophie Schick and the staff, the attention to individual needs and the unique atmosphere inspire our guests.

The Boutique Hotel Hauser is already well known as a road bike hotel. Several racing bike world champions have chosen our hotel in the heart of Wels city centre, such as the two world champions Mario Cipollini and Mark Cavendish, or local hero Felix Großschartner. They all appreciate the perfect location as a starting

point for great tours and above all our special service.

It is obvious that we are now also expanding our services for triathletes, such as breakfast for athletes, bike room with tools, return service, washing area etc.

The city of Wels is perfect for triathletes. The starlim City TRIATHLON AUSTRIA Wels will take place for the 4th time. Therefore, in the future we will also offer joint training camps with the triathlon team of the 1. Welser Schwimmklub. If you are interested, please contact us. We are looking forward to welcoming triathletes at Boutique Hotel Hauser!

### SPECIAL OFFER AND RECOMMENDATION OF THE LOC

From 71 EUR / night / person incl. breakfast (Double room)

For a direct booking at these conditions use the booking code „Tria2024“ at [Hotel Hauser](#).

For further questions send an e-mail to [Sophie Schick](#).



Sophie Schick  
Hotel Director

# GASTRONOMY



## ITALIAN RESTAURANT OLIVI The traditional restaurant in Wels

### In the centre of Wels

The Italian restaurant Olivi stands for modern Italian dishes. Whether pasta, fish or a traditional wood stove pizza, a sportsman-friendly lunch or dinner awaits you here.

The colourful menu features well-known classics alongside fancy creations with different seasonal focuses.

Pasta and pizza fans are just as much in the right place at Olivi Wels as lovers of Italian seafood and fish specialties. There is definitely a meal for every taste at Olivi.

As an enthusiastic racing cyclist and long-time restaurant manager, Astrid Pöcherstorfer knows only too well what it means to prepare a nutritious meal. The Olivi Wels puts a smile on every guest's face. No one goes home hungry here. The quick and friendly staff are happy to accommodate special requests.

The beautiful dining room in the style of a sun parlour and, in fine weather, the outdoor dining area on the town square right next to the running course of the starlim City Triathlon create

an atmospheric ambience. A perfect setting and the ideal refreshment for an exciting triathlon weekend.

The COVID-19 pandemic currently allows for service under certain conditions. However, just in case, the Olivi also offers a take-away service. In any case, please make reservations and contact [Astrid](#).

We look forward to welcoming you at the Italian restaurant Olivi Wels.

**Address:** Hafergasse 3  
**Phone:** +43 676 920 333 5



Astrid Pöcherstorfer  
Restaurant Manager

# TRANSFER AND TRANSPORT

For the sake of simplicity, we suggest a flight to Vienna-Schwechat. For this we recommend that you use the train station directly inside the Vienna-Schwechat airport for transport from Vienna-Schwechat to Wels. Many trains go directly to Wels. From Wels train station it is only 700m to the city centre and to our partner hotel „Hotel Hauser“. You can also take the bus directly from the station to the city centre.

The links to the departure times and tickets are listed below. Please enter „Vienna international airport“ for „dep - City or station“ and „Wels Hbf“ for „arr - City or station“.

**Please note:** You have to book the bike transport in advance. You do this in the second step by clicking on the button „Who is going“ and enter the number of bicycles to be transported by clicking on the bicycle icon accordingly.

**ATTENTION:** Please note that there are two companies in Austria for the trains. „ÖBB“ and „Westbahn“. If you get on the wrong train, you have to pay the ticket a second time. You can find the designation in the railway timetable and directly on the track.

## AIRPORT:

### Airport Linz - Hörsching:

Approx. 20 Km away from Host City

[Website](#)

Transport options to and from the airport:

[Website](#)

### Airport Salzburg:

approx. 115 Km away from Host City

[Website](#)

Transport options to and from the airport:

[Website](#) (Informations are in the footer)

### Airport Vienna - Schwechat:

Approx. 225 Km away from Host City

[Website](#)

Arrival Departure:

[Website](#)

## TRAIN:

### [Departure Times and tickets](#)

### Train station „Hörsching Airport“:

Approx. 1,6 Km away from airport Linz - Hörsching.

Free shuttle service from the airport to the train station: +43 7221 6000

Free shuttle service from the train station to the airport: +43 800 206 600

### Train station „Salzburg Hbf“:

Approx. 11,4 Km away from airport Salzburg.

[Bus connection](#) from the airport to the train station and back for a fee.

### Train station „Vienna International Airport“:

The train station is located directly inside the airport Vienna - Schwechat.

## BUS CONNECTION:

Almost every bus line runs from Monday to Saturday from the Host City Wels train station to the „Kaiser Josef Platz“ bus terminal in the city centre, which is only about 700m away from the train station.

[Bus timetables](#)





# ATHLETE'S SERVICE

## TRAINING FACILITIES

### Swim training:

Name: Welldorado Wels  
Public outdoor (50m) and indoor (25m) swimming pool  
Address: Rosenauerstr. 70, 4600 Wels  
Opening hours: 09:00 - 19:30  
Entrance fee: [Costs](#)

## MEDICAL SERVICE

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions and during the race. There will be First Aid and Emergency Medical Services at the venue on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance

### Closest Hospital:

Name:	Klinikum Wels-Grießkirchen	Address:	Grieskirchnerstr. 42
Phone:	+43 7242 4150		4600 Wels

## BIKE MECHANICAL SERVICE

### Bikepalast Wels:

Address: Linzer Straße 226  
4600 Wels  
Phone: +43 7242 350 805

### Opening hours:

Mo - Tu: 09:00 - 13:00, 15:00 - 18:00  
Wednesday: 15:00 - 20:00  
Th - Fr: 09:00 - 13:00, 15:00 - 18:00  
Saturday: 09:00 - 12:00

### Bike&Wheels:

Address: Dragonerstraße 67  
4600 Wels  
Phone: +43 7242 77703

### Opening hours:

Mo - Fr: 09:00 - 13:00, 14:00 - 18:00  
Saturday: 09:00 - 12:00

[Website](#)

[Website](#)

# COMPETITION SCHEDULE

## ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
21.06.24	15:00	16:00	Athletes' Registration	Minoritengasse 1, 4600 Wels
21.06.24	16:00	17:00	Athletes' Briefing	Minoritengasse 1, 4600 Wels
22.06.24	13:45	14:15	Swim familiarization	Rosenauerstr. 70, 4600 Wels
22.06.24	15:30	16:15	Bike familiarization	Traungasse 21, 4600 Wels
22.06.24	16:15	17:00	Athletes' Lounge*	Minoritengasse 1, 4600 Wels
22.06.24	17:50	18:10	Swim warm up	Rosenauerstr. 70, 4600 Wels
22.06.24	18:30		Athletes' Introduction	Rosenauerstr. 70, 4600 Wels
22.06.24	18:40		Start	Rosenauerstr. 70, 4600 Wels
22.06.24	20:55	21:15	TA check out	Stadtplatz 52, 4600 Wels
22.06.24	21:45		Award Ceremony	Minoritenplatz, 4600 Wels

\* Including the handover of the timing chip, swim cap, the Uniform check and the TA check in

## ELITE MEN

DAY	START	END	ACTIVITY	LOCATION
21.06.24	15:00	16:00	Athletes' Registration	Minoritengasse 1, 4600 Wels
21.06.24	16:00	17:00	Athletes' Briefing	Minoritengasse 1, 4600 Wels
22.06.24	13:45	14:15	Swim familiarization	Rosenauerstr. 70, 4600 Wels
22.06.24	15:30	16:15	Bike familiarization	Traungasse 21, 4600 Wels
22.06.24	17:00	17:45	Athletes' Lounge*	Minoritengasse 1, 4600 Wels
22.06.24	18:55	19:15	Swim warm up	Rosenauerstr. 70, 4600 Wels
22.06.24	19:35		Athletes' Introduction	Rosenauerstr. 70, 4600 Wels
22.06.24	19:45		Start	Rosenauerstr. 70, 4600 Wels
22.06.24	20:55	21:15	TA check out	Stadtplatz 52, 4600 Wels
22.06.24	21:45		Award Ceremony	Minoritenplatz, 4600 Wels

\* Including the handover of the timing chip, swim cap, the Uniform check and the TA check in



# COMPETITION SCHEDULE

## JUNIOR MEN

DAY	START	END	ACTIVITY	LOCATION
21.06.24	15:00	16:00	Athletes' Registration	Minoritengasse 1, 4600 Wels
21.06.24	16:00	17:00	Athletes' Briefing	Minoritengasse 1, 4600 Wels
22.06.24	14:15	14:45	Swim familiarization	Rosenauerstr. 70, 4600 Wels
22.06.24	15:30	16:15	Bike familiarization	Traungasse 21, 4600 Wels
23.06.24	07:00	07:45	Athletes' Lounge*	Minoritengasse 1, 4600 Wels
23.06.24	08:10	08:30	Swim warm up	Rosenauerstr. 70, 4600 Wels
23.06.24	08:50		Athletes' Introduction	Rosenauerstr. 70, 4600 Wels
23.06.24	09:00		Start	Rosenauerstr. 70, 4600 Wels
23.06.24	11:15	11:45	TA check out	Stadtplatz 52, 4600 Wels
23.06.24	11:45		Award Ceremony	Minoritenplatz, 4600 Wels

\* Including the handover of the timing chip, swim cap, the Uniform check and the TA check in

## JUNIOR WOMEN

DAY	START	END	ACTIVITY	LOCATION
21.06.24	15:00	16:00	Athletes' Registration	Minoritengasse 1, 4600 Wels
21.06.24	16:00	17:00	Athletes' Briefing	Minoritengasse 1, 4600 Wels
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23.06.24	09:50		Athletes' Introduction	Rosenauerstr. 70, 4600 Wels
23.06.24	10:00		Start	Rosenauerstr. 70, 4600 Wels
23.06.24	11:15	11:45	TA check out	Stadtplatz 52, 4600 Wels
23.06.24	11:45		Award Ceremony	Minoritenplatz, 4600 Wels

\* Including the handover of the timing chip, swim cap, the Uniform check and the TA check in







## TIMING CHIPS AND RESULTS

On race day athletes will be given a timing chip, to be worn on the athlete's ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure in the Athlete's Lounge.

Results will be uploaded live at the [ITU website](#).

## ATHLETE'S BRIEFING

**Date:**  
Friday, 21.06.2024

**Time:**  
16:00

**Location:**  
Minoritengasse 1  
4600 Wels  
Minorite manastory

## COMPETITION RULES

The event will follow the latest published Competition Rules of World Triathlon.

**Protest and Appeals:**  
Standard procedures will be followed according to the ITU Competition Rules.

## ACCREDITATION

The LOC will provide all the Organizing Committee Members, ITU Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card. The accreditations will be distributed at the registration.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

## OTHER USEFUL INFORMATION

**Language:**  
German

**Currency:**  
EUR

**Population:**  
64.579

**Time:**  
Europe/Berlin (CET/MEZ)

**Electricity:**  
230 Volt

**Water:**  
Drinking water quality

**Telephone Connections:**  
+43 (0)

# COURSE MAPS

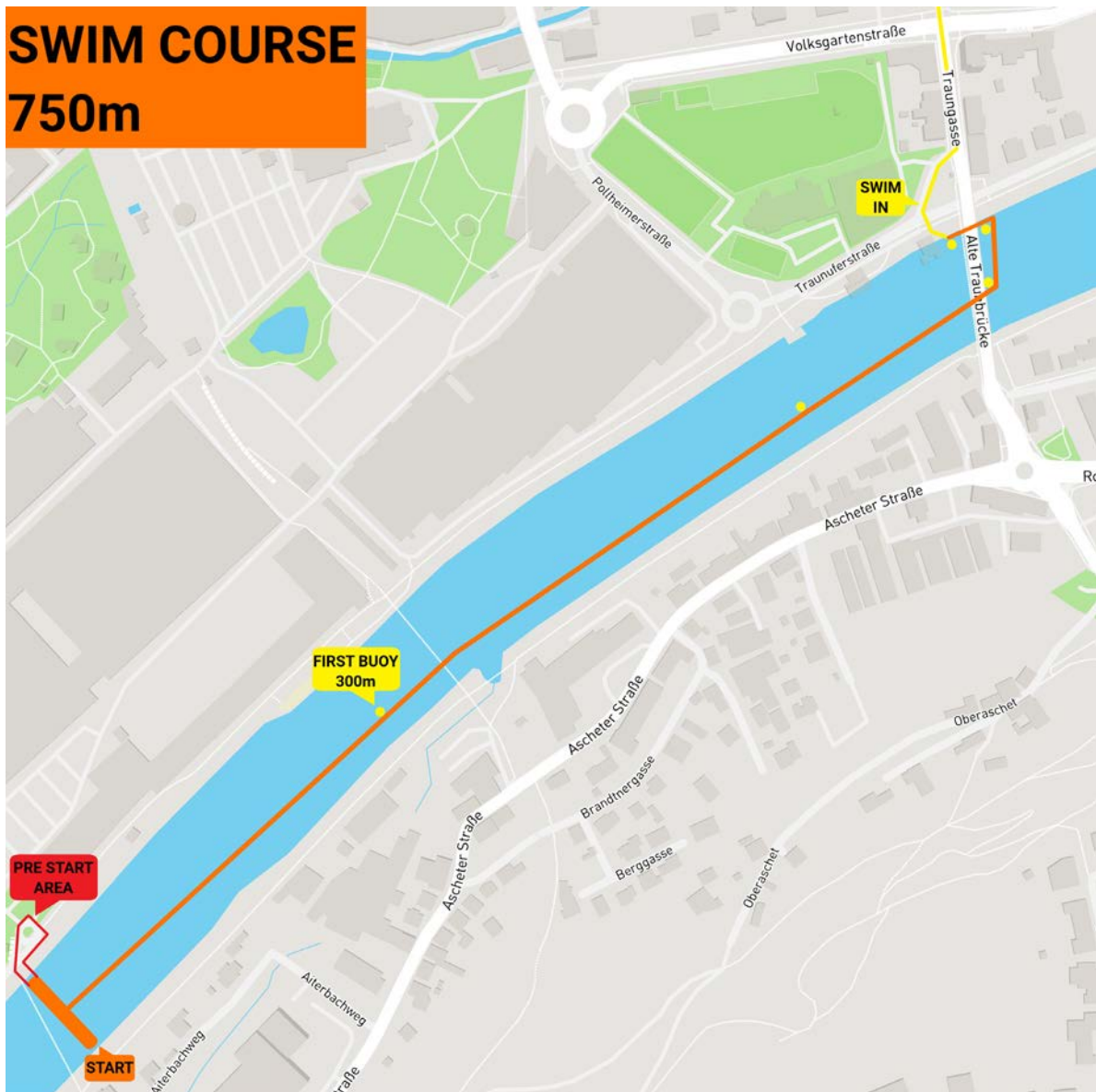
## SWIM COURSE

**Swim start:**  
Rosenauerstraße 70  
4600 Wels

**Start procedure:**  
Pontoon  
60m wide

**Average water temperature:**  
19 degrees Celsius

**Number of laps:**  
One way



## TRANSITION AREA

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in a numbered placed beside the bike racks. Athletes' names and numbers are displayed on the top of each bike rack. After the helmet is secured, athletes unrack the bike by moving forward into the centre lane and towards the mount line.

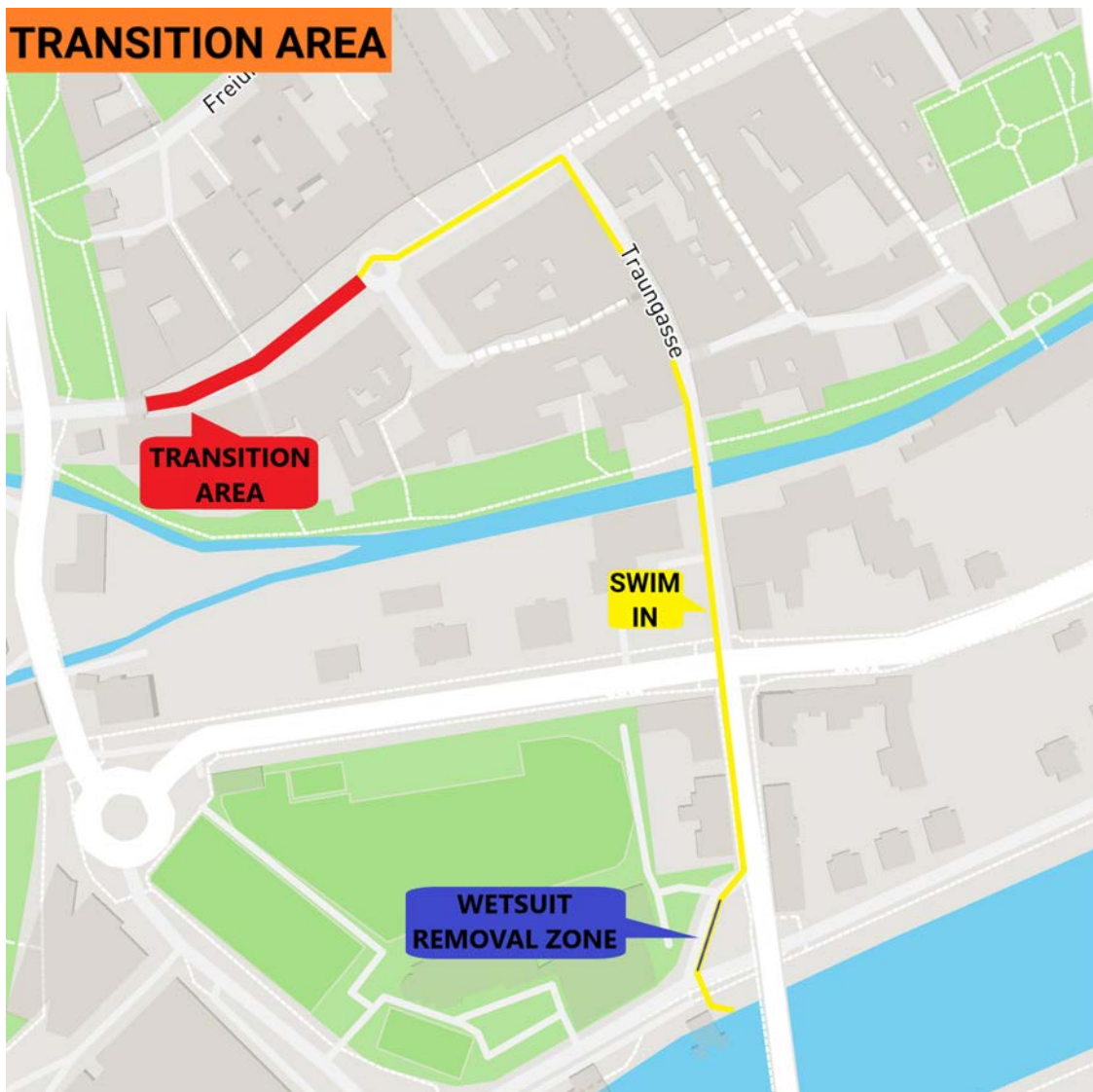
### Additional rule note:

In and after TA2 all equipment must be in the box, no matter if used or not. Athletes who continue cycling in the TA after passing the dismount line receive a DSQ. A time penalty will only be given if the athlete gets on or off the bike too early at the mount or dismount line.

**Distance:** 490m flat

**Carpet width:** 1m

**Wetsuit removal zone:** Directly after the swim exit on the left-hand side. The Wetsuit must be brought to the transition area by the athlete himself.





## RUN COURSE

**Distance:** 5 Km flat

**Laps:** 3

### Ground Conditions:

Mainly asphalt, except for a short section in the Pollheimer park next to Pollheimerstraße, which consists of a pavement with a bit of gravel.

### Aid station:

Approx. 100m after the transition area on the left-hand side. Supply: Water

### Penalty Box:

Approx. 60m before the finish chut on the right-hand side.



